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Monday, May 16
8:45-10:15
Marcia McCall
Integrated Care: Substance Abuse Counseling for General Medicine Inpatients

Monday, May 16
10:30-12:00
Jennifer McClendon
Career Readiness Counseling for Substance Users and Ex-offenders

Monday, May 16
1:30-3:00
Dr. Leigh Falls Holman
Is there a Process Addiction Elephant in the Room?

Monday, May 16
3:15-4:45
Dr. Kathleen Brown-Rice
The Tie that Binder: The Relationship between Historical Trauma and Addiction among Native Americans

Tuesday, May 17
8:45-12:00
Dr. Kathleen Brown-Rice
Addiction and the Brain

Tuesday, May 17
1:30-4:45
Dr. Jeremy Linton
Enduring Recovery in an Anonymous World

Wednesday, May 18
8:45-4:45
Dr. Robert Wernstein
HN AIDS and Relevant Ethical Issues for Professionals in Integrated Care Environments

Thursday, May 19
8:45-4:45
Mary Cracker-Cook
Co-dependency and Attachment Disruption

Friday, May 20
8:45-12:00
Dr. Kate Lambert
Systems Theory and Addiction: A Family Disease

Friday, May 20
1:30-4:45
Tony Beatty
Technology Based Clinical Supervision

Friday Luncheon: Keynote
Multiple Faculty
Tribute to Jonathan Bellon

Description of Sessions

Monday, May 16, 2016, 8:45—10:15
Integrated Care: Substance Abuse Counseling for General Medicine Inpatients
Marcia McCall
At a major medical center, substance abuse counseling was recently integrated with an inpatient general medicine service, a rarity for this medical specialty. This educational session will provide general principles of integrated care; outline the design and implementation process; highlight successes and lessons learned; and describe the planned extension of counseling services to other inpatient medicine settings.
Monday, May 16, 2016, 10:30-12:00
Career Readiness Counseling for Substance Users and Ex-offenders

Jennifer McClellon

Substance users and ex-offenders reentering the workforce experience barriers (i.e., stigma and discrimination) that make finding employment difficult. The resulting lowered self-esteem and mood dysregulation can increase the risk of relapse and/or re-offending behavior. Career-readiness counseling can address the needs of autonomy, relatedness, and competence and help prepare this population for a more successful longer-term recovery and reintegration experience.

This presentation will examine career counseling as an addendum in substance use disorder and offender treatment as a means to decrease relapse and improve client self-efficacy.

Jennifer McClellon holds a Master of Arts Degree in Clinical Mental Health Counseling from the University of North Carolina Charlotte. She is a Licensed Professional Counselor, a Licensed Clinical Alcohol and Drug Counselor, and National Certified Counselor. She has worked in the substance use disorder field in the state of New Jersey for 15 years in the capacities of counselor and clinical supervisor.

Monday, May 16, 2016, 1:30-3:00
Is there a Process Addiction Elephant in the Room?
Dr. Leigh Falls Holman

This presentation will utilize case presentation & discussion to illustrate the need for general counseling screening and diagnosis of process addictions, including legal, ethical, and client welfare implications. Two quick screening instruments for process addictions, similar to the CAGE/AUDIT for alcohol use disorder, will be introduced and then practiced by the participants. Case examples, diagnostic practice & discussion will highlight diagnostic issues related to diagnosing process addictions with the DSM-5.

Leigh Falls Holman, Ph.D., is the current president of the International Association of Addiction and Offender Counselors. She has worked in a variety of settings with trauma, addictions, and both perpetrators and victims of interpersonal violence over the past 20 years. Dr. Holman is an assistant professor at the University of Memphis’ department of Counseling, Educational Psychology, & Research. She has conducted research, published, and presented nationally on process addictions and was recognized by IAAOC as an Outstanding Counseling Professional in 2013 for her contributions to the field for raising awareness of process addiction issues.

Monday, May 16, 2016, 3:15-4:45
The Tie that Binds: The Relationship between Historical Trauma and Addiction among Native Americans
Dr. Kathleen Brown-Rice

Participants will: a) Acquire knowledge on the core tenants of historical trauma; b) Gain an understanding of the unique triggers and concerns of historically marginalized NA clients, including how historical trauma related verbal stimuli impacts clients’ neural functioning; c) Acquire skills to assist counselors in building the therapeutic relationship with this population; including how to address cross-cultural dynamics in the counseling process; and d) Learn specific interventions and techniques to assist clients with managing their historical loss symptoms.

Dr. Rice is an Assistant Professor and Clinical Experiences Coordinator at the University of South Dakota. She received her PhD in Counseling and Counselor Education from UNCC. Dr. Rice is a Licensed Professional Counselor (SD, NE, and NC), Licensed Mental Health Provider (NE), Certified Addiction Counselor (SD), Licensed Clinical Addiction Counselor (NC), Approved Clinical Supervisor, and National Certified Counselor. Her research interests relate to professional counselor supervision and training with a focus on ethical and cross-cultural considerations, Native American mental health with an emphasis on the implications of historical/intergenerational trauma, risky substance use, and understanding emotional regulation through neural imaging. She has worked as a professional counselor in various clinical mental health and addiction settings and continues to practice part-time.
Dr. Kate Lamberson
HIV/AIDS and Relevant Ethical Issues for Professionals in Integrated Care Environments
Dr. Robert Werstein
HIV/AIDS Attendees will be able to display knowledge of 1) HIV and AIDS, 2) prevalence, 3) risk factors for individuals who abuse substances, 4) intervention and Counseling strategies, and 6) risk reduction strategies.
Ethics Attendees will be able to 1) identify risk factors for dual relationships, and 2) identify ethical courses of action in the provision of integrated care and regarding social media/telemedicine.
Bob Werstein, PhD is a licensed psychologist and Training Director of Daymark Recovery Services, a 33 county MH/SA agency treating 50,000 unduplicated clients annually with 1,000 staff. He has been with Daymark for 12 years also in the roles of Clinical Director and Quality Improvement Director. He has 38 years experience and has been Clinical Director for three inpatient psychiatric/ substance abuse facilities (33, 75, and 114 bed) and seven outpatient MH/SA treatment agencies.
Thursday, May 19, 8:45-4:45 Codependency and Attachment Disruption
Mary Crocker Cook
Codependency and Attachment Disruption examines Codependency through an early attachment disruption lens. This disruption leads to anxious and avoidant behaviors in adult relationships, and systematic illness created by an over-stimulated adrenal system. We will review this three-part foundation in depth, including the role of neurology in attachment and resiliency, and turn our attention to evidence-based approaches to healing.
Mary Crocker Cook developed and is the Program Coordinator for the San Jose City College Alcohol and Drug Studies Program. She is Co-owner of Connections Counseling Associates, and offers on-line continuing education to professionals through www.counselorceu.org. She has been working in alcohol and drug treatment for over 25 years, and is the author of “Awakening Hope. A Developmental, Behavioral, Biological Approach to Codependency Treatment,” “Afraid to Let Go. For Parents of Adult Addicts,” and “Codependency and Men.” She provides training both nationally and internationally on addiction and codependency.
Friday, May 20, 8:45-12 Systems Theory and Addiction: A Family Disease
Dr. Kate Lamberson
The notion that addiction is a problem that only impacts the individual is one that not only places a great deal of responsibility on such an individual, but also ignores the struggles experienced by the family (Keane, 2007). According to the Center for Substance Abuse Treatment (CSAT), although practitioners recognize that addiction is a family disease, there is a disconnect between family counseling and substance abuse counseling (2004). Substance abuse treatment often incorporates family, however, many times the focus on treatment remains on the individual. Family counseling, on the other hand, focuses on the family system as the identified client. The purpose of this course is to provide relevant information related to both family counseling and addiction counseling, as well as to provide practical techniques to enhance the application of family counseling within addiction treatment settings.
Kate has work in a variety of settings providing addictions counseling to youth and families. She holds a Ph.D. in Counselor Education from The University of North Carolina at Greensboro, where she focused her research on family dynamics and addiction. Kate is now an Assistant Professor at University of North Carolina Charlotte, where she continues her passion of training strong addictions counselors. Kate’s research continues to focus on bridging the gap between family counseling and addiction counseling by attempting to understand family processes that impact addiction, and providing education and training of applicable family techniques in addictions counseling.
Friday, May 20, 1:30-4:45 Technology-Based Clinical Supervision
Tony Beatty
This session will familiarize clinical supervisors with technology-based clinical supervision (TBCS) research. The utility of TBCS will be demonstrated and excited to learn more about the vast and intriguing world of psychology. In addition to his career in academia, he has worked as a counselor in one capacity or another for the last 17+ years. He has worked in prison and jail settings, community agencies, and private practice providing individual, couples, family, and group counseling to address addictions and mental health issues. Personally, Jeremy enjoys reading, skateboarding, and exploring the Midwest with his wife, 4 kids, and 2 loyal golden retrievers.