

Dr. Sue Bratton

Multicultural Play Therapy Center Conference

June 29-30, 2017

Day 4: June 29

Title: Healing from the Effects of Interpersonal Trauma: An Integrative Play Therapy-Family Therapy Approach for Young Children

Description: Neurobiological and developmental aspects of interpersonal trauma will be discussed in support of an integrated, research-informed, humanistic, and culturally responsive approach to facilitating healing in children who have experienced early interpersonal/relationship trauma. Through experiential activities and case/video examples, Sue/Dr. Bratton will illustrate the timing and course of therapeutic process grounded in Child-Centered Play Therapy (CCPT) and Child Parent Relationship Therapy (CPRT).

Participants will be able to:

1. Name two neurodevelopmental considerations in providing play therapy for children with a history of early interpersonal trauma.
2. Discuss two rationales for using an integrated CCPT/CPRT approach for this population of children.
3. Discuss two guidelines for clinical decision making regarding timing of play therapy and family work for this population.
4. Name two strategies for successfully involving caregivers in the play therapy treatment process.

Day 5: June 30

Title: Sandtray and More Play Therapy-Based Expressive Interventions for Families and Kids of All Ages

Description: In this hands-on workshop, the use of sandtray and other expressive therapeutic activities including clay and art will be demonstrated and experienced. Learn and practice how to use these materials to facilitate your work with families and older children in play therapy. Participants will be provided a structure for presenting activities to clients as well as guidelines for processing activities with clients across developmental levels. Come prepared to have fun and expand your repertoire of play therapy interventions! Participants are asked to bring markers, crayons, scissors, glue, 10-15 miniatures plus a small container of Play-Doh or model magic.

Participants will be able to:

1. State clinical/theoretical rationale for use of sandtray and other expressive media in play therapy.
2. Discuss at least two considerations when using expressive media in play therapy.

3. Describe how to present and process at least two expressive play activities (sandtray and clay) with families and older children.

Biography: **Sue Bratton, Ph.D., LPC-S, RPT-S** is Professor at the University of North Texas and Director of the UNT Center for Play Therapy with over 25 years of experience as a practitioner and researcher. Sue is nationally and internationally known speaker and author with over 80 publications and 300 professional presentations in the areas of child and family counseling. Sue is a Past President of the Association for Play Therapy (APT) and recipient of the 2016 APT Lifetime Achievement Award. She is an active social advocate for children at the local, national, and international level, particularly underserved minority populations who have experienced traumatic experiences.